

The Highlands at Vista Ridge Newsletter

<http://www.highlandshoa.org>

April
2025

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Newsletter	Helen Bressler Bill Ward
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Welcoming	The Board

April Fools!

You thought you weren't getting an April newsletter! Nope, just a little late!

News around The Highlands

We appreciate all the support and positive comments we've had over the years, but we've been doing the newsletter for 8 years now and we're ready to turn it over to someone else. This will be our last year and we're hoping someone will step up to take over. We'll give them the digital copies, if they want, and show them how we put the newsletter together in Microsoft Word, convert it to PDF, how many printed copies are needed, etc. Word isn't required, it's just easier for us to use. If we don't get any volunteers, the last newsletter will be October of 2025. You'll still receive the notes from Board meetings from the HOA secretary.

MEET YOUR NEIGHBOR

Helen Bressler and Bill Ward

Well, I guess I will highlight the two of us. We both grew up in Michigan; Bill from Detroit and Helen from Midland which is the headquarters for Dow Chemical Company (think Napalm/Agent Orange, silicone breast implants, and Bayer aspirin). They met at a summer camp for physically handicapped kids right after Bill graduated from Michigan State University and Helen from University of Michigan. Bill was a camp counselor and it was Helen's first job as a nurse. After five years of living in Michigan we decided to move to southern California. Helen found a job right away but Bill had a harder time. In order to go into his field of psychology, he had to have a master's degree.

He decided to let the Navy educate him in the world of technology. For the first 2 years he was in training and then spent the next 3 ¼ years in and out to sea. When he told Helen he could get shore

ONGOING EVENTS

Bowling – 12:30 pm
Mondays at Ten Down
Bowling Lanes

Clubhouse Coffee – every
other Tuesday at 09:30
am, see Calendar

Billiards – T, W, Th.
10:30 am

Walk Walk Exercise –
M-W-F 8:45-9:30 am

Chair Yoga - Mon/Wed/Fri
9:30-10:30 am

Caregiver Support Group
– first Friday of each
month. Next mtg should be
April 4. Contact CJ @ 805-
822-7344

Bingo – Sun. Apr. 27 at
2:00 pm

duty if he extended for another year, she quickly pointed out that he could get shore duty permanently if he didn't re-enlist! Shore duty it was 😊

Navy life is hard. You just get used to having a life together and then you have to build another life being separated. Then you get used to that and it changes again. Not to mention the worries of being in a war zone.

But it paid off. After 7 years, Bill left the Navy and he was able to find good jobs. He did end up getting a master's degree, but it was in business instead of psychology. He was able to get into management with the degree but discovered that he enjoyed the technical side of things more than management. The job he retired from was with Canon where he was a consultant and instructor. He would go on calls with the salesmen to determine if the company could deliver what the customer wanted and teach the customer how to use the system once they got it.

Helen spent her first two years of nursing in the medical/surgical area to get a solid foundation. Then she went into home care for the next two years. From there she went into critical care, working in the various types of ICU and getting her certification as a critical care nurse. One of the nice things about nursing is that if you get burned out of one area you can always enter another area.

To get out of working nights, holidays, and week-ends, Helen then went into post anesthesia care. It is still considered critical care but with much better hours. At the suggestion of a fellow nurse who also taught nursing, Helen decided to give that a try. The hours were ideal and there was no 'on call' work. It took half of her career to find it, but Helen found her true calling as an instructor. She got her teaching credential and master's degree so she could teach both clinical rotations and didactics. She spent the last half of her forty years of nursing teaching the next generation of nurses. She retired right before COVID hit. What a blessing that was!

After retirement, we moved here to Roseburg to the Highlands. We knew we were going to retire in the pacific northwest and we had friends here so it was not a difficult decision. We immediately became involved with the community, volunteering for various jobs and committees and occasionally helping out with our computer and nursing skills.

We became RVers once we moved here and Helen belongs to the Oregon chapter of RVing women. We have been coming down to Arizona in the winter months for the last three years and will continue to do so for the foreseeable future. We live about a third of the way up the hill (343 Highland Vista Ln) and you probably know where, as we are heavily decorated for most holidays. Since we own the lot next to us, that is where we put most of our inflatables! 😊 Drop by and say 'hi' anytime!



1. Why was the donkey annoying his friend?

It was April Mules' Day.

2. April Fools' Day is the favorite holiday of which animal?

The silly goose!

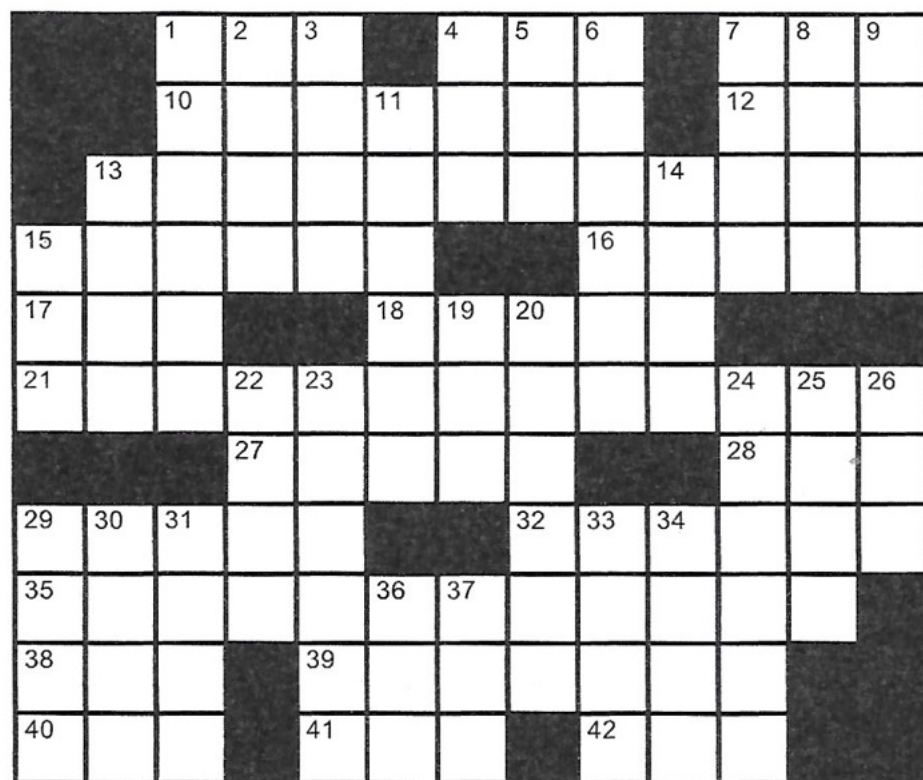
3. Why was everyone so tired on April 1?

Because they just finished a long 31-day March.

4. What do you say when it's raining chickens and ducks on April Fools' Day?

It's fowl spring weather.

PUZZLES BY STANLEY NEWMAN



CROSSWORD

Sounds Like Fun

ACROSS

- 1 Cable channel with Nashville studios
4 *Life of Pi* director Lee
7 Calculate a total
10 Flowery symbol of Scotland
12 Make a knot in
13 Be very successful at fishing
15 *Breakfast at Tiffany's* author
16 Identified
17 Teddy's Rushmore neighbor
18 Parcel of land
21 Escapes from wintry weather
27 Make ____ of (write down)

- 28 Naval noncom: abbr.
29 Moved like a tot
32 "You can say that again!"
35 Knocks one out of the ballpark
38 Scannable merchandise ID: abbr.
39 Folks
40 "I'm not impressed"
41 Hurricane's center
42 Discouraging words

DOWN

- 1 Wedding setting
2 "Take ____ your leader"
3 Diplomatic skill
4 Cry of discovery
5 State south of the Dakotas: abbr.
6 Dr. Seuss' yuletide villain
7 Particle with protons
8 Have a formal meal
9 Homeowner's document
11 This one and that one
13 ____ San Lucas (Mexican resort)
14 Airport boarding area
15 Half-____ (coffee order)
19 Queue after Q
20 Frontline squads
22 Spots for some cat naps
23 How audiobooks were once sold
24 Ski downhill quickly
25 Fully aware of
26 Without delay
29 Good pal
30 Ready to harvest
31 Engrave deeply
33 Very vivid, as with crayon colors
34 007's first film foe
36 Cry for attention
37 Mine extraction

MATH WHIZ

SPRING TRAINING

Each of the seven different letters in the equation below represents a different digit. If S is two times A, and the digits not used are 0, 2 and 6, what is the unique equation?



TRIVIA QUIZ

LETTER OPENER

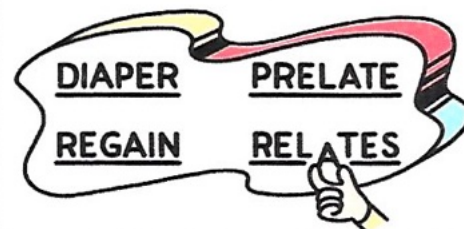
What is the most common first letter in the names of European capitals?
Hint: Three of the cities are on the Danube River.



WORDPLAY

FROM A TO Z

Change the A in each of these words to a Z, then rearrange the letters to form a common uncapitalized word.



STAYINGSHARP.AARP.ORG
Find games and advice to aid brain health and memory.

EVENTS

There are some weekly events at some of the local breweries/pubs, wineries, and farmer's markets. For more info, see the website listed below:

*Apr 01 - **Masquerade Ball @ Serendipity***

- Serendipity

*Apr 01 - **"Midwife a Life" + Add'l Exhibits @ Umpqua Valley Arts***

- every week on Tuesday, Wednesday, Thursday, Friday until May 30, 2025
- Umpqua Valley Arts

*Apr 01 - **Bingo @ Roseburg Elks Lodge #326***

- every week on Tuesday
- Roseburg Elks Lodge #326

*Apr 01 - **Community Well-Being Challenge 2025***

- every day until December 31, 2025
- Various Locations

*Apr 02 - **Community Yoga Class @ Body Balance***

- every week on Wednesday until June 25, 2025
- Umpqua Hotel Mall

*Apr 04 - **Cooking w/ Wayne: Lamb Class @ Melrose Vineyards***

- Melrose Vineyards

*Apr 04 - **Bullseyes & Bites @ The Blade Axe House***

- every week on Friday
- The Blade Axe House

*Apr 05 - **April in Paris - Fundraiser for DCYO @ The Chapel***

- The Perfect Occasion Chapel

*Apr 05 - **Umpqua Valley Farmers' Market***

- every week on Saturday
- 500 Block of Jackson St. (Downtown)

*Apr 06 - **Garden Valley Farmers Market***

- every week on Sunday
- Garden Valley Farmers Market

*Apr 12-13 - **The Confluence Art Show & Sale***

- every day until April 13, 2025
- 512 North Curry Road, Roseburg

*Apr 12 - **UVA's Bird Field Trip @ Ford's Pond***

- Ford's Pond Parking Lot

Apr 25 - **Umpqua Valley Quilters' Guild 40th Annual Quilt Show**

- every day until April 27, 2025
- Douglas County Fairgrounds Complex

Apr 26-27 - **Glide Wildflower Show 60th Anniversary**

- every day until April 27, 2025
- **Glide Community Center**

There's numerous Trivia/DJ Trivia and Karaoke nights as well as various live music.

For details, see the website below:

More info at <https://www.experienceroseburg.com/>

MEETINGS

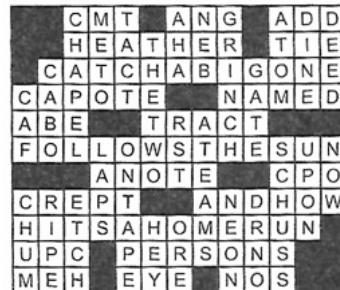
Reserve Committee Meeting: Apr. 3, 1:30 PM

Bingo: Sunday, Apr. 27, 2:00 PM

Board Meeting: Thursday, Apr. 24, 1:00 PM

Finance Committee Meeting: TBD

SOLUTIONS TO PUZZLES ON PAGE 76



SPRING TRAINING 7483 + 7455 = 14938.
LETTER OPENER B: Belgrade, Berlin, Bern, Bratislava, Brussels, Bucharest and Budapest, plus Baku (Azerbaijan is partially in Europe). **FROM A TO Z** PRIZED, ZINGER, PRETZEL, SELTZER (the only anagram in each case).



HAPPY EASTER!

FOR SALE

Allergy season is coming!! Right after that is the fire season, although that seems to be year-round now. Three room size air purifiers - 1 for the living room, 1 for the bedroom and 1 for the den/tv room/office or?? We paid \$119 each for these in 2020. They are by Vremi and have been gently used. \$60 each, or \$150 for the three.
Bill or Gretchen 541-637-0639.



Four pack, "NIB" (original 3M packaging) of furnace filters. 3M Filtrete 2500's, 16 x 20 x 1.



New about \$60, for HOA members, \$40, PLUS another one free! That's a total of 5 for \$40.
Bill or Gretchen 541-637-0639